



EMBASSY SUITES®

Mandalay Beach - Hotel & Resort

## Embassy Mandalay Beach Spa Menu

### **Massage Menu:**

#### **Swedish Massage**

Using the classic European techniques of medium to light massage to promote relaxation. This massage enhances circulation and relieves sore muscles to melt away the stresses of a busy life.  
\$120 (60 min); \$160 (90 min); \$200 (2 hr)

#### **Deep Tissue and Sports Massage**

An intensive, massage experience focusing on areas of tension that you and your therapist identify. If your lifestyle is highly active or especially stressful, this massage is for you.  
\$135 (60 min); \$175 (90 min); \$215 (2 hr)

#### **East-West Massage**

Combines the best of both worlds, with oriental pressure point techniques for liberating tension plus the soothing relaxation benefits of Swedish massage.  
\$135 (60 min); \$175 (90 min); \$215 (2 hr)

#### **Mother-To-Be Massage**

A safe, comfortable and relaxing massage for the expectant mother.  
\$120 (60 min); \$160 (90 min); \$200 (2 hr)

### **Facial Menu:**

#### **European Traditional Facial**

A nourishing, relaxing, rejuvenating treatment for the skin. This facial includes a deep cleansing peel, regenerating fluids and mask. Includes a massage of the face, hands and feet.  
\$120 (60 min); \$160 (90 min)

#### **Serenity Facial**

An Aromatherapy facial using herbal products and essential oils. Includes a deep cleansing peel, regenerating fluids and mask plus massage of the face, hands and feet.  
\$125 (60 min); \$170 (90 min)

#### **Eternal Youth Facial**

Oxygenate and moisturize your skin at deeper levels by using a renewing mask and refreshing oils. Includes a deep cleansing peel and massage of the face, hands and feet.  
\$135 (60 min); \$180 (90 min)

#### **Seaweed Eye and Lip Treatment**

Add an additional 20 minutes for \$35

### **Nails Menu:**

Mani-Pedi \$95

His hand and foot care \$80

Renewing treatment for hands/feet \$115

### **Waxing Menu (minimum \$55):**

Lip, Chin, Cheek \$20 each (All 3 for \$55)

Brow, Underarm \$35 each

Bikini, Arms, Lower Legs \$60 each

Brazilian, Full legs, Chest, Back \$80 each

Hours: 8am-9pm (Services starting after 9pm add \$40 for after hours)

Dial "0" to reserve your in-room spa services

BY APPOINTMENT: PLEASE CALL 805-400-1441