

Take a Break

Breaks

 Events



EMBASSY SUITES®

Charlotte - Concord/Golf Resort & Spa



Sometimes it's important to work for that pot of gold. But other times it's essential to take time off and to make sure that your most important decision in the day simply consists of choosing which color to slide down on the rainbow.

Douglas pgl

forward >

Breaks

liquid refreshments

gallon | \$72

- fresh brewed Starbucks coffee (¾ gal min ea, reg and/or decaf)
- fresh squeezed juices | orange or grapefruit (½ gal min ea)

Coffee Tip:

Calc 16 cups (8 oz) per gallon

AM	CUPS PP	PM
1	30 Min	0.5
1.25	1 hour	0.625
2	2 hour	1
2.5	3 hour	1.25
3	4 hour	1.5

Recommended 1 hr/100 ppl

AM	GAL	PM
4.5	reg coffee	2.25
2.25	decaf	1.5

To meet the high standards of Starbucks and to ensure freshness and proper temperature, it is recommended that any coffee that is not served within 2 hours of brewing be disposed of.

gallon | \$45

(½ gal min ea)

- iced tea | sweet or unsweet
- juices | orange, grapefruit, cranberry, tomato, grape, apple, fruit punch, lemonade or pog (pineapple, orange, guava)

ea | \$4

- coca-cola soft drinks
- cheerwine
- sun drop
- uncle scott's root beer
- minute maid fruit juices
- v8 juice drinks
- milk | whole, 2%, skim, chocolate or soy
- tazo hot teas (individual)
- hot chocolate (individual)

ea | \$5

- powerade
- fuze drinks
- vitamin water
- starbucks frappuccino chilled coffee drinks
- monster drinks
- red bull
- 16oz dasani bottled water
- naked Juice

ea | \$7 liters

- acqua panna
- san pellegrino



Prices are per person, unless noted. A 24% taxable service charge and sales tax will be added to all prices. All menus and prices are subject to change. Not all ingredients are listed. Please inform us of any food allergies. Actual presentation of menu items and ingredients may vary from photos and descriptions.

Breaks

little snack breaks

prices based on 30 minutes of service
groups under 30 add \$2 per person

fruit & nuts | \$10
dried fruits, peanuts &
mixed nuts

trail mixer | \$8
ensemble of trail mix,
chex mix and goldfish
crackers

crackers | \$11
display of carr's and
housemade fire
crackers with warm
artichoke & spinach
dip, pimento cheese
and smoked fish
spread

black-eyed pea
hummus | \$10
vegetable sticks and
housemade pita chips

popcorn | \$8
assorted flavor shakers
and drizzlers of
caramel and chocolate

party mixer | \$8
ensemble of cajun &
american snack mixes
and cocktail peanuts

chips | \$8
housemade with
caramelized onion dip
and ranch

tortilla chips | \$10
queso, salsa and fiery
bean dip

classic breaks

prices based on 30 minutes of service
groups under 30 add \$2 per person

pm pit stop
| \$12
• jumbo cookies,
brownies and dessert
bars
• sliced fresh fruit
display

mid-morning
recharge | \$14
• assorted granola,
powerbar, kashi bars
and KIND bars
• yogurts | pecan
granola and dried fruits
• sliced fresh fruit
display

refreshment by the dozen

dozen | \$26 (\$13 per ½ doz)
(1 doz min ea)

- doughnuts
- hard-boiled eggs

dozen | \$42
(1 doz min ea)

- bagels | butter, assorted cream
cheeses and assorted jams
- scones and beignets | butter, honey,
apple butter and assorted jams
- muffins and danish pastries | butter,
honey, apple butter and assorted jams
- sweet breakfast breads | butter,
honey, apple butter and assorted jams
- jumbo cinnamon rolls
- jumbo cookies
- brownies
- dessert bars
- soft pretzel sticks | assorted mustards
and warm cheese sauce
- buttermilk biscuits | chorizo sausage
gravy or southern sausage gravy
- fruit skewers | honey lime yogurt and
chocolate dipping sauces

individual refreshment

ea | \$3

- whole fruits
- cracker jacks
- oreo's
- rice krispie treats
- assorted Lance cracker
sandwiches

ea | \$4

- assorted planters snack nuts
- assorted miss vickie's potato chips
- assorted stacy's pita chips
- smart food popcorn
- assorted granola bars
- Assorted ice cream treats
- assorted frozen fruit bars
- assorted candy bars
- assorted fruit yogurt
- fruit smoothie shooters
- rold gold snack pretzels

ea | \$5

- assorted powerBar
- assorted kashi bars
- assorted KIND Bars
- assorted tropical fruit & nut mixes
- assorted cracker jack'd mixes
- assorted ice cream treats

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Breaks

inspired breaks

prices based on 30 minutes
of service, groups under 30
add \$2 per person

add beverage service to your break

coffee & tea | \$5

fresh brewed starbucks
coffee and tazo hot teas

coffee, tea & juice | \$7

fresh brewed starbucks
coffee, iced tea, tazo hot
teas and juices | orange,
apple, cranberry, v8 and
pog (pineapple, orange,
guava)

coffee, tea & sodas | \$9

fresh brewed starbucks
coffee, iced tea, tazo hot
teas and coca-cola soft
drinks

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lemons & limes | \$17

- lemon poppyseed muffins
- key lime cookies
- mini lemon meringue & key lime tartlettes
- lemon chill and lime sherbet
- fresh lemonade & limeade

bananas | \$15

- bunches of ripe bananas
- banana nut bread | butter and honey
- coconut fried bananas | toasted banana whipped cream
- bananas foster | cinnamon sugar biscuits, pound cake, vanilla bean ice cream scoops

county fair | \$18

- roasted peanuts in the shell
- buttered popcorn | flavor shakers
- corn dogs | ketchup & mustard
- soft pretzel sticks | assorted mustards and warm pimento cheese sauce
- funnel cake sticks
- sliced apples | warm caramel and candy sauce for dipping
- fresh lemonade & limeade

peanuts | \$16

- giant peanut butter cookies
- peanut brittle
- roasted peanuts in the shell
- peanut M&M's and reese's peanut butter cups
- spoons of peanut butter | warm chocolate sauce for dipping

oranges | \$16

- orange sections
- fresh squeezed orange juice
- orange cool tubes and orange dream bars
- orange juiced cupcakes
- orange soda

strawberries | \$16

- fresh strawberries | chocolate sauce, blackberry caramel and white chocolate sauces for dipping
- "make your own" strawberry shortcake | cinnamon sugar biscuits, pound cake, strawberry sauce, whipped cream
- strawberry frozen fruit and strawberry crunch sundae bars

chocolate | \$16

- hershey's kisses
- giant chocolate chip cookies and chocolate walnut brownies
- strawberries, banana bites and pineapple rings | warm chocolate sauce for dipping
- milk chocolate shooters | toasted banana whipped cream

apple | \$16

- dried apple chips
- apple streusel coffee cake
- sliced apples | warm caramel and candy sauce for dipping
- assorted apple sauces
- apple juice



Breaks

inspired breaks

prices based on 30 minutes
of service, groups under 30
add \$2 per person

savory carolina | \$17

- seasonal melon | sweet balsamic syrup, fresh mint
- doughnuts
- muffins | spoonbread and moravian pumpkin with butter, honey, apple butter and assorted jams
- cheddar biscuit sliders | herb aioli, country ham and smoked turkey
- cheerwine & sun drop

extra innings | \$16

- roasted peanuts in the shell
- buttered popcorn | flavor shakers
- cracker jacks
- hot dog bar | all the fixins including mustard, ketchup, relish, onions
- powerade

pretzels | \$14

- soft pretzel sticks | assorted mustards and warm pimento cheese sauce
- bags of mini pretzels
- yogurt, chocolate & white chocolate covered pretzels

ice cream | \$17

⚠️ **this station requires banquet attendant.
\$150 per station, per 50 people.**

- | vanilla, chocolate & strawberry
- | warm chocolate sauce, blackberry caramel sauce, strawberry compote, pineapple compote, whipped cream, toasted banana whip cream, spiced pecans, candied peanuts, cherries & jimmies
- strawberries, banana bites and pineapple rings
- chocolate chip cookies

school recess | \$16

- chilled apples
- assorted cracker snacks
- rice krispie treats
- fresh baked jumbo cookies, brownies and dessert bars
- milk | 2%, chocolate and vanilla soy

mind & body | \$17

- muffins | carrot zucchini, date nut and moravian pumpkin butter, honey, apple butter and assorted jams
- strawberries, kiwi and apple slices
- slices | chocolate sauce and blackberry caramel for dipping
- black-eyed pea hummus | vegetable sticks and housemade pita chips
- spa waters; lemon-lavender, strawberry-mint and watermelon-rosemary

trail blazer | \$18

- garden vegetable crudité | asiago, herb & lemon dip and caesar dressing for dipping
- muffins | carrot zucchini, date nut and moravian pumpkin with butter, honey, apple butter and assorted jams
- fruit & nuts | dried fruits, peanuts & mixed nuts
- naked Juices

milk & cookies | \$16

- classic cookies | oreo, nilla wafers, nutter butter, chips ahoy, fig newtons, barnum's animals crackers
- fresh baked cookies
- milk | 2%, chocolate and vanilla soy



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