

Take a Break

Breaks



Sometimes it's important to work for that pot of gold. But other times it's essential to take time off and to make sure that your most important decision in the day simply consists of choosing which color to slide down on the rainbow.

Douglas pgls



EMBASSY SUITES®

Charlotte - Concord/Golf Resort & Spa

Breaks

liquid refreshments

gallon | \$72

- fresh brewed Starbucks coffee (¾ gal min ea, reg and/or decaf)
- fresh squeezed juices | orange or grapefruit (½ gal min ea)

**Coffee Tip:**

Calc 16 cups (8 oz) per gallon

AM	CUPS PP	PM
1	30 Min	0.5
1.25	1 hour	0.625
2	2 hour	1
2.5	3 hour	1.25
3	4 hour	1.5

Recommended 1 hr/100 ppl

AM	GAL	PM
4.5	reg coffee	2.25
2.25	decaf	1.5

To meet the high standards of Starbucks and to ensure freshness and proper temperature, it is recommended that any coffee that is not served within 2 hours of brewing be disposed of.

gallon | \$45

(½ gal min ea)

- iced tea | sweet or unsweet
- juices | orange, grapefruit, cranberry, tomato, grape, apple, fruit punch, lemonade or pog (pineapple, orange, guava)

ea | \$4

- coca-cola soft drinks
- cheerwine
- sun drop
- uncle scott's root beer
- minute maid fruit juices
- v8 juice drinks
- milk | whole, 2%, skim, chocolate or soy
- tazo hot teas (individual)
- hot chocolate (individual)

ea | \$5

- powerade
- fuze drinks
- vitamin water
- starbucks frappuccino chilled coffee drinks
- monster drinks
- red bull
- 16oz dasani bottled water
- naked Juice

ea | \$7 liters

- acqua panna
- san pellegrino



Prices are per person, unless noted. A 23% taxable service charge and sales tax will be added to all prices. All menus and prices are subject to change. Not all ingredients listed. Please inform us of any food allergies. Actual presentation of menu items and ingredients may vary from photos and descriptions.

## Breaks

### little snack breaks

prices based on 30 minutes of service  
groups under 30 add \$2 per person

fruit & nuts | \$10  
dried fruits, peanuts &  
mixed nuts

trail mixer | \$8  
ensemble of trail mix,  
chex mix and goldfish  
crackers

crackers | \$11  
display of carr's and  
housemade fire  
crackers with warm  
artichoke & spinach  
dip, pimento cheese  
and smoked fish  
spread

black-eyed pea  
hummus | \$10  
vegetable sticks and  
housemade pita chips

popcorn | \$8  
assorted flavor shakers  
and drizzlers of  
caramel and chocolate

party mixer | \$8  
ensemble of cajun &  
american snack mixes  
and cocktail peanuts

chips | \$8  
housemade with  
caramelized onion dip  
and ranch

tortilla chips | \$10  
queso, salsa and fiery  
bean dip

### classic breaks

prices based on 30 minutes of service  
groups under 30 add \$2 per person

pm pit stop  
| \$12  
• jumbo cookies,  
brownies and dessert  
bars  
• sliced fresh fruit  
display

mid-morning  
recharge | \$14  
• assorted granola,  
powerbar, kashi bars  
and KIND bars  
• yogurts | pecan  
granola and dried fruits  
• sliced fresh fruit  
display

### refreshment by the dozen

dozen | \$26 (\$13 per ½ doz)  
(1 doz min ea)

- doughnuts
- hard-boiled eggs

dozen | \$42  
(1 doz min ea)

- bagels | butter, assorted cream  
cheeses and assorted jams
- scones and beignets | butter, honey,  
apple butter and assorted jams
- muffins and danish pastries | butter,  
honey, apple butter and assorted jams
- sweet breakfast breads | butter,  
honey, apple butter and assorted jams
- jumbo cinnamon rolls
- jumbo cookies
- brownies
- dessert bars
- soft pretzel sticks | assorted mustards  
and warm cheese sauce
- buttermilk biscuits | chorizo sausage  
gravy or southern sausage gravy
- fruit skewers | honey lime yogurt and  
chocolate dipping sauces

### individual refreshment

ea | \$3

- whole fruits
- cracker jacks
- oreo's
- rice krispie treats
- assorted Lance cracker  
sandwiches

ea | \$4

- assorted planters snack nuts
- assorted miss vickie's potato chips
- assorted stacy's pita chips
- smart food popcorn
- assorted granola bars
- Assorted ice cream treats
- assorted frozen fruit bars
- assorted candy bars
- assorted fruit yogurt
- fruit smoothie shooters
- rold gold snack pretzels

ea | \$5

- assorted powerBar
- assorted kashi bars
- assorted KIND Bars
- assorted tropical fruit & nut mixes
- assorted cracker jack'd mixes
- assorted ice cream treats

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### inspired breaks

prices based on 30 minutes  
of service, groups under 30  
add \$2 per person

#### add beverage service to your break

##### coffee & tea | \$5

fresh brewed starbucks  
coffee and tazo hot teas

##### coffee, tea & juice | \$7

fresh brewed starbucks  
coffee, iced tea, tazo hot  
teas and juices | orange,  
apple, cranberry, v8 and  
pog (pineapple, orange,  
guava)

##### coffee, tea & sodas | \$9

fresh brewed starbucks  
coffee, iced tea, tazo hot  
teas and coca-cola soft  
drinks

#### lemons & limes | \$17

- lemon poppyseed muffins
- key lime cookies
- mini lemon meringue & key lime tartlettes
- lemon chill and lime sherbet
- fresh lemonade & limeade

#### bananas | \$15

- bunches of ripe bananas
- banana nut bread | butter and honey
- coconut fried bananas | toasted banana whipped cream
- bananas foster | cinnamon sugar biscuits, pound cake, vanilla bean ice cream scoops

#### county fair | \$18

- roasted peanuts in the shell
- buttered popcorn | flavor shakers
- corn dogs | ketchup & mustard
- soft pretzel sticks | assorted mustards and warm pimento cheese sauce
- funnel cake sticks
- sliced apples | warm caramel and candy sauce for dipping
- fresh lemonade & limeade

#### peanuts | \$16

- giant peanut butter cookies
- peanut brittle
- roasted peanuts in the shell
- peanut M&M's and reese's peanut butter cups
- spoons of peanut butter | warm chocolate sauce for dipping

#### oranges | \$16

- orange sections
- fresh squeezed orange juice
- orange cool tubes and orange dream bars
- orange juiced cupcakes
- orange soda

#### strawberries | \$16

- fresh strawberries | chocolate sauce, blackberry caramel and white chocolate sauces for dipping
- "make your own" strawberry shortcake | cinnamon sugar biscuits, pound cake, strawberry sauce, whipped cream
- strawberry frozen fruit and strawberry crunch sundae bars

#### chocolate | \$16

- hershey's kisses
- giant chocolate chip cookies and chocolate walnut brownies
- strawberries, banana bites and pineapple rings | warm chocolate sauce for dipping
- milk chocolate shooters | toasted banana whipped cream

#### apple | \$16

- dried apple chips
- apple streusel coffee cake
- sliced apples | warm caramel and candy sauce for dipping
- assorted apple sauces
- apple juice



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add \$2 per person

#### savory carolina | \$17

- seasonal melon | sweet balsamic syrup, fresh mint
- doughnuts
- muffins | spoonbread and moravian pumpkin with butter, honey, apple butter and assorted jams
- cheddar biscuit sliders | herb aioli, country ham and smoked turkey
- cheerwine & sun drop

#### extra innings | \$16

- roasted peanuts in the shell
- buttered popcorn | flavor shakers
- cracker jacks
- hot dog bar | all the fixins including mustard, ketchup, relish, onions
- powerade

#### pretzels | \$14

- soft pretzel sticks | assorted mustards and warm pimento cheese sauce
- bags of mini pretzels
- yogurt, chocolate & white chocolate covered pretzels

#### ice cream | \$17

⚠️ **this station requires banquet attendant.  
\$150 per station, per 50 people.**

- | vanilla, chocolate & strawberry
- | warm chocolate sauce, blackberry caramel sauce, strawberry compote, pineapple compote, whipped cream, toasted banana whip cream, spiced pecans, candied peanuts, cherries & jimmies
- strawberries, banana bites and pineapple rings
- chocolate chip cookies

#### school recess | \$16

- chilled apples
- assorted cracker snacks
- rice krispie treats
- fresh baked jumbo cookies, brownies and dessert bars
- milk | 2%, chocolate and vanilla soy

#### mind & body | \$17

- muffins | carrot zucchini, date nut and moravian pumpkin butter, honey, apple butter and assorted jams
- strawberries, kiwi and apple slices
- slices | chocolate sauce and blackberry caramel for dipping
- black-eyed pea hummus | vegetable sticks and housemade pita chips
- spa waters; lemon-lavender, strawberry-mint and watermelon-rosemary

#### trail blazer | \$18

- garden vegetable crudité | asiago, herb & lemon dip and caesar dressing for dipping
- muffins | carrot zucchini, date nut and moravian pumpkin with butter, honey, apple butter and assorted jams
- fruit & nuts | dried fruits, peanuts & mixed nuts
- naked Juices

#### milk & cookies | \$16

- classic cookies | oreo, nilla wafers, nutter butter, chips ahoy, fig newtons, barnum's animals crackers
- fresh baked cookies
- milk | 2%, chocolate and vanilla soy



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